

BOYS' Track & Field RECORDS

State & Wilderness Meet

updated 5/16/2022

100m	10.80	Dominique Worsley (Manchester Central)	2004
	10.8	Rob Mills (Plymouth)	2013
200m	20.92	Dominique Worsley (Manchester Central)	2006
	22.1	Ben Thurston (Gilford)	1992
400m	48.27	Noah Woodman (Pinkerton)	2017
	49.8	Doug Mercer (Laconia)	2005
800m	1:50.85	Russell Brown (Hanover)	2003
	1:56.5	Cody Symonds (Prospect Mountain)	2015
1600m	4:07.76	Francis Hernandez (Bishop Guertin)	2010
	4:18.0	Sean Livingston (Kennett)	1987
3200m	8:44.79	Eli Moskowitz (Souhegan)	2015
	9:32.8	Sean Livingston (Kennett)	1987
110mH	13.93	Billy Powers (Winnacunnet)	2018
	15.1	Ted Barden (White Mountains)	2001
300mH	37.71	D'Mahl McFadden (Merrimack Valley)	2011
	40.0	Ted Barden (White Mountains)	2001
4x100mR	42.86	Bedford	2013
	45.1	Gilford (1983), Kingswood (1998)	
4x400mR	3:23.17	Pinkerton	2017
	3:32.5	Prospect Mountain	2010
4x800mR	7:47.39	Souhegan	2013
	8:13.9	Prospect Mountain	2010
High Jump	7-1	Dwight Babiasz (Milford)	2008
	6-7	Dan Plourde (Newfound)	1992
Pole Vault	15-8	Jake Radzevich (Pinkerton)	2002
	13-6	Matt Gault (Gilford)	1990
Long Jump	23-5.25	Taylor Smith (Timberlane)	1998
	21-9.5	Chuck Bolduc (Merrimack Valley)	1993
Triple Jump	48-1.5	Triston Delicema (Nashua North)	2017
	44-9.5	Calvin Brown (Winnisquam)	1991
Shot Put	64-1	Dominic Filiano (Lebanon)	2010
	56-4.5	Zach Astle (Kearsarge)	2015
Discus Throw	179-5	Ryan Caswell (Merrimack Valley)	2002
	152-5	Mark Haney (Franklin)	1992
Javelin Throw	200-9	Jacob Stanko (Manchester Central)	2016
	189-7	Joey Fodor (Berlin)	2018

GIRLS' Track & Field RECORDS

State & Wilderness Meet

updated 5/16/2022

100m	12.01	Dominique Twombly (Oyster River)	2014
	12.3	Anne Milham (Gilford)	1983
200m	24.44	Kathy Lawson (Keene)	1971
	26.0	Karyn Goumas (Kingswood)	1995
400m	55.42	Grace Devanny (Concord)	2019
	58.4	Shannon O'Neil (Berlin)	2012
800m	2:06.42	Hannah Parker (Coe-Brown)er)	2013
	2:21.3	Beth Putnam (Hopkinton)	1997
1600m	4:47.48	Adrianna Vailas (Manchester Central)	2010
	4:56.19	Mya Dube (Kearsarge)	2019
3200m	10:24.27	Jacqueline Gaughan (Exeter)	2016
	11:09.46	Lisa Corso (Portsmouth Christian)	2019
110mH	14.23	Betsey Garnick (Bishop Guertin)	2013
	15.1	Alex Curtis (White Mountains)	2016
300mH	43.54	Corine Kennedy (Lebanon)	2014
	45.1	Alex Curtis (White Mountains)	2015
4x100mR	48.68	Milford	2016
	51.4	Kennett	2012
4x400mR	3:53.87	Bishop Guertin	2013
	4:13.7	Coe-Brown	1997
4x800mR	9:15.02	Bishop Guertin	2011
	9:54.0	Kingswood	1999
High Jump	5-10	Alison Poulin (Oyster River)	1988
	5-3	Kate McLaughlin (Laconia)	1996
Pole Vault	12-9	Jacilyn Briggs (Keene)	2012
	9-6	Emiliy Strese (Gilford)	2007
Long Jump	19-4.5	Bree Robinson (Pinkerton)	2008
	17-0	Heather Borlase (White Mountains)	1989
Triple Jump	40-2	Ellen Powers (Bishop Guertin)	2007
	36-9.75	Danica Goodheart (Inter-Lakes)	2008
Shot Put	51-3.5	Laura Gerraughty (Nashua)	2000
	37-3.5	Kristal Kostiew (Coe-Brown)	1999
Discus Throw	158-9	Kelsey Huckins (Keene)	2007
	128-10	Kristal Kostiew (Coe-Brown)	1999
Javelin Throw	149-9	Danika Ham (Somersworth)	2007
	133-9	Marina Baer (Gilford)	2017

