

Seacoast Championships at Exeter High 2018

Times are approximate times

Time	Track Events Girls first, followed by Boys
3:55	4 x 800
4:20	100 Meter Trials
4:40	100/110 Meter Hurdles <small>Finals No Trials for Hurdles</small>
4:55	100 Meter Finals
5:05	1600 Meter
5:25	4 x 100 Meter
5:40	400 Meter
5:55	300 Meter Hurdles
6:10	800 Meter
6:25	200 Meter
6:40	3200 Meter
7:15	4 x 400 Meter
7:30	Awards

Field Events

3:45 **Boys** - Long Jump, Discus, Javelin,
Girls - Triple Jump, High Jump,
 Shot Put, Pole Vault, Javelin

5:15 **Boys** - TJ, HJ, Shot, PV
Girls - LJ, Discus,

Past Team Champions

<u>Girls</u>	<u>Boys</u>
2017 Exeter	Coe Brown
2016 Oyster River	Exeter
2015 Coe Brown	Portsmouth
2014 Winnacunnet	Portsmouth
2013 Coe Brown	Exeter
2012 Exeter	Exeter
2011 Exeter	Exeter
2010 Exeter	Exeter
2009 Exeter	Timberlane
2008 Winnacunnet	Winnacunnet
2007 Exeter	Exeter
2006 Winnacunnet	Exeter
2005 Exeter	Exeter
2004 Exeter	Exeter
2003 Exeter	Exeter